



RODGERS & HAMMERSTEIN'S
The Sound of Music
Book By
Lindsay & Crouse

Welcome to
Rodgers & Hammerstein's
The Sound of Music

book by Howard Lindsay and
Russel Crouse

The Sound of Music tells the story of Maria, a high-spirited postulant (nun-in training) who becomes a governess for the seven children of a widowed naval Captain. Her kindness and sense of play captures the heart of the children and eventually their grieving father. This story of a family rediscovering happiness is set against a serious backdrop; it takes place in Austria, in 1938, as the Nazi party is coming into power.

Before we tell you more, take a moment and think about the title - *The Sound of Music*. Music is central to this story. Told as a musical, it is also about the power of music to bring people together, to heal, to fill us with joy. What role does music play in your own life? Do you sing, play an instrument, love to listen? Do you share music with your family or friends? What type of music moves your heart?

While filled with music and laughter, *The Sound of Music* also explores serious subjects including standing up for your beliefs and being courageous enough to find your dreams. As we watch this brave family, we are reminded that we, too, have the strength to face our own challenges.

Theatre raises questions and challenges audience members to discover their own answers. See what questions this information raises for you and what discoveries the performance provides. Thank you so much for joining us for *The Sound of Music*. We look forward to seeing you at the theatre!

*“The hills fill my heart
With the sound of music—
My heart wants to sing
Every song it hears.”*
— Maria Rainer in *The Sound of Music*



Let's start



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IT IS 1938 IN KALTZBURG, AUSTRIA, a fictionalized town in central Europe. Kaltzburg is the home of Nonnberg Abbey, where we find the nuns who live there singing prayers as they go about their daily activities. Their songs quickly turn into questions about the location of a young postulant (nun-in-training) named Maria. Little do they know, Maria is enjoying a walk in the hills above the Abbey. She loses track of time, and arrives home late. This isn't the first time Maria has done this. The nuns wonder if Maria truly belongs in their community, because she has a hard time following the rules.

at the very beginning...



— Maria Rainer in *The Sound of Music*

The nun in charge of Nonnberg Abbey is the Mother Abbess. She loves Maria very much and wants her to make the right decision about becoming a nun. She has arranged for Maria to spend some time away from the Abbey before dedicating her entire life to the church. Maria is to take a temporary job as governess for the von Trapp family. Captain Georg von Trapp is a widower with seven children. Maria has never been a governess (a woman who is paid to care for and teach a child in the child's house), and is nervous about leaving the Abbey, but she agrees to go.

When Maria arrives at the von Trapp villa, she is impressed with the family's beautiful home. However, she sees Captain von Trapp running his

household like one of his Navy ships. The children live a strict life of whistles to signal them and orderly marching. There is no time for play, and music is strictly forbidden.

Because of her patient and loving nature, the children eventually warm up to Maria. Through music, she brings joy and healing to the von Trapp household. She teaches the children songs, and their singing reconnects them with their father.

Although the family discovers happiness together once again, they have a serious problem to deal with. Germany is planning to invade Austria, and this makes it a very dangerous time. The von Trapp family has to make some difficult decisions as the Anschluss (German–Austrian reunification) takes place.



INSPIRED BY A TRUE STORY

The Sound of Music was inspired by a true story. In the 1920s, the real Maria Augusta Kutschera lived as a young postulant (nun-in-training) at Nonnberg Abbey in Salzburg, Austria. She was sent to be a governess to Captain Georg von Trapp, a widower with seven children. She married the Captain, and the family performed as a singing group at the Salzburg Festival in Austria. The Trapp Family Singers became a popular musical act all over Europe. The von Trapps had to escape from Austria after the Germans invaded, because they would not participate in the Nazi agenda. Maria eventually wrote a book about their lives called *The Story of the Trapp Family Singers*, published in 1949.

The story of the von Trapp family has been told in many different forms. It was a book, then two German movies, then the stage musical, then the movie musical. There have been thousands of stage productions of the musical. It is one of the most popular American musicals of all time.

“While writing down the memories of a family, it astonished, amazed, almost overwhelmed me to see how much love — genuine, real love — was stored up in one short lifetime.”

— Cor Unum from the forward to
“*The Story of the Trapp Family Singers*”

- e **Why do you think this story is told over and over again? Why does it matter so much to people?**
- e **If your family story were to go on stage, what would it be? Would it be a musical? A drama? A comedy?**

*“A dream that will need all the love
Every day of your life for as long as you live.”*

—The Mother Abbess in *The Sound of Music*

At the heart of *The Sound of Music* is the idea of discovering your mission in life. It is not always easy to know what your mission is. And you may have more than one dream that you want to achieve.

In the story, Maria leaves the von Trapp family and returns to Nonnberg Abbey, seeking shelter from her problems. The Mother Abbess advises her not to use the Abbey to hide. She tells Maria to go back to the von Trapp villa and find the life she was “born to live.”

Making our dreams a reality can present challenges for us to face, mountains for us to climb. And we need to love and nourish our dreams, so that they can thrive and move us forward.

“These walls were not made to shut out problems. You have to face them. You have to find the life you were born to live.”

—The Mother Abbess in
The Sound of Music

Have you ever thought about your mission or purpose in life? If you had to define it right now, what would it be?

Do you have dreams in your life that you'd like to make come true? How would you go about nourishing, or feeding, your dreams?

What “mountains” have you had to climb? Who has supported you during those difficult times?

1961 London West End Production
of *The Sound of Music*

○○○○
**FIND
YOUR
DREAM**
○○○○



“And now, ladies and gentlemen,
**THE FAMILY
 VON TRAPP...**”

—Max Detweiler in *The Sound of Music*

The von Trapp Children



Keslie Ward
Liesl, age 16



Maya Karp
Louisa, age 13
 “wants to have a good time.”



Jill-Christine Wiley
Maria Rainer
 A young woman about to become a nun at Nonnberg Abbey, temporarily assigned as a governess to the von Trapp family.
 “My heart wants to sing Every song it hears.”



Mike McLean
Captain Georg von Trapp
 The head of the von Trapp family, a widower with seven children.
 “I will not bow my head to the men I despise.”



Landon Brimacombe
Friedrich, age 14
 “almost a man...afraid to be himself, he’s shy—he’s aloof.”



Arick Brooks
Kurt, age 10
 “eleven—almost... is sensitive—he’s easily hurt...”



Katie Grgecic
Brigitta, age 9
 “she notices things. And she always tells the truth—especially when you don’t want to hear.”



Madeleine Guibot
Gretl, the youngest
 “just wants to be loved.”



Amaryllis C. Miller
Marta, age 7
 “I’m going to be seven on Tuesday and I’d like a pink parasol.”



Lauren Kidwell
The Mother Abbess
 The nun in charge of Nonnberg Abbey.
 “I think I should talk to Maria instead of about her.”



Chad P. Campbell
Rolf Gruber, age 17
 A messenger boy, who is interested in Liesl, the oldest von Trapp girl.
 “I am seventeen going on eighteen, I’ll take care of you.”



Melissa McKamie
Elsa Schraeder
 A friend of the Captain, “cosmopolitan, alert and attractive.”
 “Can’t you see things my way?”



Jake Mills
 A charming family friend.
 “The thing to do today is to get along with everybody.”



Isaac Ryckeghem
Franz
 The von Trapp villa butler. He was previously the Captain’s orderly in the Imperial Navy.
 “...if the Germans did take over Austria, we’d have efficiency.”



Stephanie Gray
Frau Schmidt
 The von Trapp villa housekeeper.
 “The von Trapp children never play.”

MANY OF THE NUNS in Nonnberg Abbey see Maria as a problem because she does not follow the rules. However, the person in charge of the Abbey, the Mother Abbess, sees Maria’s restless nature and lovingly accepts it. She wants Maria to find her true calling in life.

Sometimes, when we are seen as a “problem,” it means we have not yet discovered where we truly belong. If another person “sees” who we really are, they can help us to find our place in the world. When we are in the environment that is right for us, doing the things we were meant to do, suddenly our “problem” becomes the gift that it truly is.

📖 Do you have any “problems” that are actually gifts? Have you found the right place or way, to use them? What other gifts do you have?

📖 What does it feel like to be fully seen, or understood, by another? Do you feel “seen” by important people in your life? What happens when we do not feel seen?

📖 Empathy is the ability to put yourself in another’s shoes, to see things from another person’s point of view. Do you think you “see” or understand others? Why is it important to be able to do this?

“How do you solve a problem like Maria?”



The Hills

“*THE HILLS*” mentioned in *The Sound of Music* are a part of a large mountain system in south-central Europe called The Alps. The Eastern Alps make up much of the landscape in Austria.

In *The Sound of Music*, the hills have great meaning for many of the characters. They symbolize home, safety and inspiration. Maria and the Mother Abbess grew up in the hills. Maria loves to hike in them because they make her heart sing. For the Captain, they represent protection.

*Do you have a place that has great meaning for you?
A place of familiarity, safety, escape, or healing?*

Is there a place that makes your heart sing?

*Where do you come from? The hills, the city, the forest,
the desert, etc.? How do you feel about where you
come from?*

“When you are a child
of the mountains yourself, you really belong to them.

You need them. They become the

faithful guardians
of your life.”

—Maria Augusta von Trapp

“Bless my homeland forever.”

—Captain Georg von Trapp in *The Sound of Music*

The Sound of Music
takes place in the
fictionalized town
of Kaltzburg, a city
in western Austria.
Nonnberg Abbey is
located here.

Official
Language:
German

Vienna is
the capital and largest
city in Austria. It was
the home of the classical
music composers
Beethoven, Brahms,
Hayden, Mozart,
Schubert and Strauss.

A mountainous
country of
central Europe.

Salzburg was
referred to as
“the Rome of the
North” because
of its Catholic
population.

AUSTRIA



Anschluss: *The Reunification* of Germany and Austria

IN 1870, BEFORE WORLD WAR I, Germany and Austria-Hungary made an alliance. Italy joined them in 1882, and this was called the Triple Alliance. In 1918, they were defeated in World War I by England, France, the United States and other allied countries. After the war, Germany and Austria were divided into two separate countries, even though they shared a common language. Under the terms of the Treaty of Versailles, they were forbidden to reunite.

However, the idea of Germany and Austria coming back together appealed to many citizens of both countries. Adolf Hitler became the Führer (leader) of Germany in 1934. He was born in Austria and was determined to make it a part of his German empire. This plan for reunification was called Anschluss, which means “union”. Eventually, Germany did invade Austria in March of 1938.



“I am an AUSTRIAN— *I will not* *be heiled!*”

— Captain Georg von Trapp in *The Sound of Music*

IN *THE SOUND OF MUSIC*, a young Austrian messenger, Rolf Gruber, visits the von Trapp villa. He greets the Captain by saying, “Heil” and offering the Nazi salute. The Captain becomes very upset by this gesture. After Rolf exits, the Captain says to his friend, Max Detweiler, “I am an Austrian—I will not be heiled!”

“Heil” is a German word that means, “hail.” “Sieg Heil” means “Hail Victory.” This was a salute that was used to call German Nazi soldiers to attention, and to honor their leader, Adolf Hitler. Today, to use the heil salute in Germany is illegal.

The Captain strongly identifies with being an Austrian citizen. Do you identify with a certain nationality, country or culture? Do you identify with more than one?



Adolf Hitler and the Nazi Party

AT THE END OF WORLD WAR I, in 1918, Germany was defeated by the Allied Powers, which included England, France, Russia, and the United States. This made life in Germany very difficult. The government was weakened and the economy suffered. By the early 1930s, these problems paved the way for a new leader to rise to power.

Adolf Hitler attracted a large following by making promises of a better life and a more powerful Germany. Hitler was appointed chancellor of Germany in January of 1933. His political party was the National Socialist German Workers' Party, or Nazi party for short. The term "Third Reich" was often used to describe the Nazi state in Germany from January 30, 1933, to May 8, 1945.

Hitler and the Nazis were eager to invade other countries to expand their empire. They quickly took away basic rights from German citizens in order to more quickly achieve their goals. They also took control of culture, the economy, education and the law.

Hitler and the Nazis held the belief that the German population was racially superior. One strategy that Hitler and the Nazis used to gain power was to eliminate "racially inferior" peoples. Jewish people were thought to be their main "racial" enemy. Before, and during, World War II, the Nazis planned, and put into action, mass murder of the Jewish population, called The Holocaust. This resulted in the deaths of six million Jewish people, plus millions of others, during the reign of Hitler and the Nazis.

Be Wise

"You can't save yourself by giving up, and you don't outwit a lion by putting your head in the lion's mouth."

— Captain Georg von Trapp in *The Sound of Music*

The characters in the play are living in the middle of what will become an important part of history. As audience members, we know more than the characters do. We know the Holocaust will be carried out by Hitler and the Nazis. We know that, ultimately, Germany will be defeated.

The Captain doesn't know what is going to happen, but the political situation in Austria doesn't feel right to him. His friends, Max and Elsa, want to make sure they are on good terms with the Germans if they invade Austria. They advise the Captain to "be wise, compromise!" In spite of the risks, the Captain stands up for what he believes in.

What would you be willing to stand up for?

When is it courageous to stand up in the face of danger, and when is it smarter to compromise?

Just like the characters in The Sound of Music, we, too, are living in the middle of history. What current events are happening right now? What do you think about these situations? How do you think people in the future will view them?

RODGERS & HAMMERSTEIN

“After the Rodgers and Hammerstein revolution, songs became part of the story, as opposed to just entertainments in between comedy scenes.”

— Stephen Sondheim

RICHARD RODGERS AND OSCAR HAMMERSTEIN II were one of the most successful and influential musical theatre writing teams in the history of the American stage. Rodgers wrote the music and Hammerstein wrote the lyrics for *The Sound of Music*. Their other Broadway hits include *Oklahoma!*, *Carousel*, *South Pacific* and *The King and I*. The work of Rodgers and Hammerstein revolutionized musical theater in the United States. They made a show’s story its most important element, instead of its stars, songs or dance numbers.

“I think it is just as important to sing about beautiful mornings as it is to talk about slums. I just couldn’t write anything without hope in it.” —Oscar Hammerstein II



*“The hills are alive
With the sound of music...”*

— Maria Rainer in *The Sound of Music*

THERE IS SOMETHING MAGICAL ABOUT THE SOUND OF MUSIC.

It can soothe, uplift and heal. Whether we are listening to music, or making music, to experience it is one of life’s greatest pleasures.

Throughout the story, we see characters experience the power of music. Through teaching the von Trapp children to sing, Maria brings joy back into their lives after the loss of their mother. And when we see the Captain join his children in song, we understand that he is beginning to heal from the loss of his wife. Singing together even keeps the family safe from danger.

- e What do you think makes music powerful?
- e What is your relationship to music? Do you like to listen to music, make music or both?
- e Have you ever sung in a group? What is fun about singing with others? How is it different from singing alone?

*“Music acts like a magic key,
to which the most tightly closed heart opens.”*
— Maria Augusta von Trapp

The Power of Music

Music Therapy

Today, scientists are studying how music affects the brain and how it can play a role in physical healing. They can see how active the brain becomes when listening to, or making, music. Scientists are asking questions about how music can be used to help people suffering from diseases associated with the brain. These include traumatic brain injury, stroke, depression and Alzheimer’s disease.

Did you know that people train and work as music therapists? Music Therapy is a health profession in which music is used to treat physical, emotional, and social needs of individuals.

*“My heart will
be blessed
With the sound
of music
And I’ll sing
once more.”*

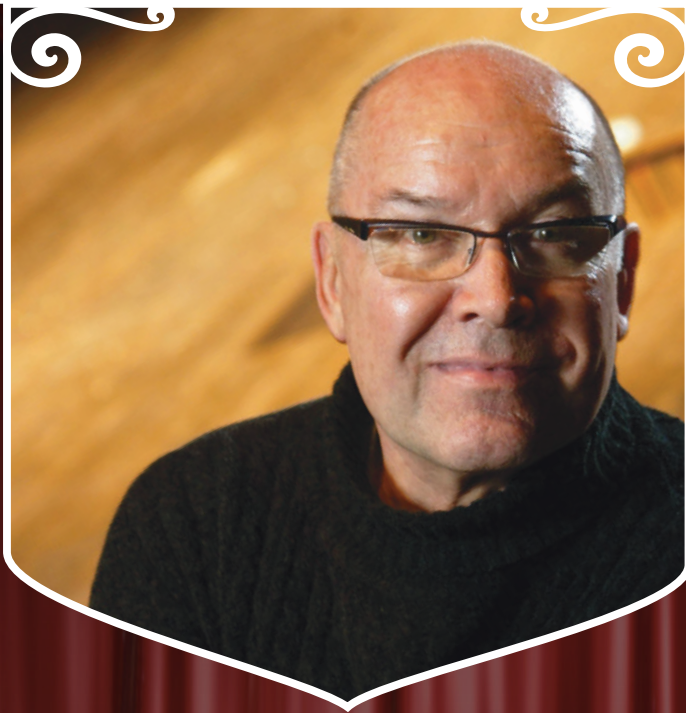
— Maria Rainer in
The Sound of Music

*How can music heal
someone? What
special qualities does
it have that makes
this possible?*

*Has music ever helped
you to feel better?
If so, how?*



1960 Stage Production of
The Sound of Music



A conversation with *The Sound of Music* Original Director

Jack O'Brien

and Center Theatre Group Teaching Artist Marcos Nájera

Marcos Nájera: If you don't mind indulging me the pun, "Let's start at the very beginning." How would you describe what your job is as a theater director and how you learned the craft?

Jack O'Brien: I'm every show's first audience. I'm every actor's first audience. I'm every writer's first audience, everybody. Whether it's a classic or a brand new piece, I look at it as if no one has ever seen it before. And I ask of it all the questions that you want to know: Why is this happening? Who are these people?

We are in a situation where even though we know it's fake, we want to believe it. When you like a show, you are swept up in it. And when it's disappointing, you're never engaged—you don't care. So, you go away saying, "That wasn't very good." But when it is good, it's incredibly moving. It's an act of faith really, which is interesting that *The Sound of Music* has so much to do with faith. I try to make sure that everybody on stage is saying or thinking the same story at the same time. And if we are all really clear, and we believe it, you believe it too.

To put it simplistically, I'm a storyteller who uses people as his medium.

You really have to marshal all the forces of the written text, the people moving on stage, and the lights, costumes and sounds to tell the story and make it happen. Can you describe the nitty gritty of a director's day and job?

It's almost as if there's a movie playing in my own head. And I read the material. I listen to the music. And in my own imagination once I've talked to my designers [lights, sound, set, costume artists] and everybody, I try to gently explain what I think I see. And they take off from that. They give me their version of it. And I think, "Yah, that's good—but shouldn't she be in yellow? Or shouldn't she be in dark blue?" And little by little, we get together and decide together how we want it to be. And then what emerges on stage is not ever what I really wanted, but it's some amalgam (a combination or mixture of different things) of belief that we've all agreed upon.

So you are crafting a working document with your team?

A choreographer works by saying, "I want you to do exactly what I'm doing. Your leg goes this way. Your arm goes that way. No, your finger should be up. See this finger? It's up! Please do exactly as I do."

A director has to somehow convince everyone involved that what is happening is their idea, not his.

You can only do one of two things. You can replicate. Or you can create. If you replicate, you're doing what you are told to do. If you create, you are putting something of yourself into it. You are making it yours. I think a good director always tries to get the actor or the designer to do their best work—as if it is their work. And if you are really clever, you get what you want that way. But! It's through the filter of somebody else's creativity. Sometimes they can't do it. But sometimes, it is better than you dreamed.

I'm going to try to put a real story on stage. Not one that just goes along with plot. For instance, I want the early [musical] numbers, say "Do-Re-Mi," to look like Maria staged them. They shouldn't look like they've been done by a Broadway choreographer. So Danny Mefford, my choreographer, and I are going to play games with the children because I don't think they should be all that good the first time they do it. These are kids who haven't been singing and dancing. And so a couple of them are going to waddle off into the corner and bump into walls and stuff!

**"I'm a storyteller
who uses people as his medium."**

(Laughs) After all these years of being a Sound of Music fan, it never quite struck me that the children in the film were instantly able to keep time with the steps, commit the choreography to memory with no rehearsal and then sing and harmonize in perfect pitch!

They don't know anything about that! And since we do the number half a dozen times in the show—every time we do it, it gets better doesn't it? And so by the time they are actually The von Trapp Singers, they are pretty damn good. But they can't be like that in the first act or we don't have a show.

So in essence, the children finally get a real rehearsal process in this story starting at the top of the show to the end?

For months! And obviously, they've gotten better. Maria has never staged a number in her life. She's a [religious] officiate in the mountains! So what I'm trying to do and what I think the really fun number is "The Lonely Goatherd." Because I think she is the greatest babysitter that ever was!

She's got a bunch of kids who are terrified of thunder and lightning, and she plays a game with them that is so outrageous and funny and adorable that we forget to be afraid. It's a babysitter's game. I think it's an improv. They are making that song up as they go along. And I think it's: how many things rhyme with goat? Coat, moat, wrote. I think that's the game she is playing. So there isn't an aspect of the show that I'm not studying, that I'm not asking questions about.

Well, what do you think the value is of creating, replicating and experiencing this story now, all these years later?

We tell this story to each other over and over again because our world will always be in peril. And we take courage from the success of others and learn how to behave in difficult circumstances. Its great value is that it happened. It's not fiction. This actually happened. It's a version of what happened. We know that this young woman showed up.

She fell in love with the father and they fled just before the Nazis took over Austria. These are real people. Any time you see people stand up for their own rights and make a moral decision, it's riveting. We know, looking over our shoulder how that came about, and how it turned out. And some people got through, and some people didn't.

So, there's not just one reason why this has become one of the most beloved shows in American history. It's because it literally touches everybody. From children who've never seen a stage show before, they see kids their own age making discoveries and responding. And parents see what it is like to lose somebody. Teachers see what it's like to instruct. And everybody sees not only how important it is to love and to be loved, but to have something worth loving. And that is really ultimately your country.

This story has almost all the bases covered, and our job is to uncover them.



Raindrops on roses &
whiskers on kittens,



BRIGHT copper kettles



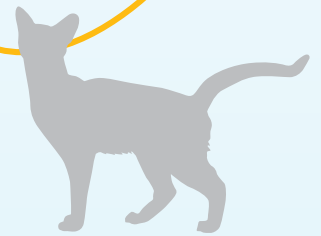
& warm woolen Mittens,
brown paper packages



tied up with strings

These are a few of my

favorite
things...



— Maria Rainer in *The Sound of Music*

“My Favorite Things” is one of the most beloved songs from *The Sound of Music*. It brings comfort to the characters and helps them get through difficult times by remembering things they love.

What are some of your favorite things? What do you love, or care about, that gets you through difficult times?

What songs do you remember from when you were younger? What songs lift your spirit when you are down?



Jill-Christine Wiley as Maria Rainer and the von Trapp children. Photo by Matthew Murphy

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“And love in your heart
Wasn't put there to stay—
Love isn't love
Till you give it away.”

— Maria Rainer in *The Sound of Music*